

FAMILY FAITH FORMATION
HOLY CROSS CHURCH & OUR MOTHER OF SORROWS CHURCH
(2024-2025) YEAR OF THE LORD

[Catechesis](#) is "...a name given to the totality of the Church's effort to make disciples."¹ A disciple is someone who faithfully follows and imitates Jesus Christ. The primary purpose of [Catechesis](#) is then to put parishioners in communion with Jesus Christ.² To know Jesus intimately is [Eternal Life](#)³. Jesus said, "I am the way, the truth, and the life,"⁴ so let us follow Him all the way to Heaven! Parents are both privileged and obligated to hand-on the Faith to their children by making their homes a [domestic church](#). The Christian home is "a school of human virtues and of Christian Charity."⁵ Since the **"Eucharist is the source and summit of the Christian life,"**⁶ **so please come to Mass every Sunday and lead your child/ren to Jesus, the Word of Life.**

[Word of Life](#) is one of the best catechetical resources available to parents/educators both to learn and teach our Catholic Faith. "Faith is the greatest gift parents can give their children. Dear Parent, God has entrusted you with the responsibility of teaching your child/ren the truth about God, the Church, and what it means to be a human person. **You are the primary educator of your child/ren,** and this task can be very challenging [for busy families]. Therefore, the mission of the Word of Life [curriculum] is to equip you to lead your child/ren to Jesus, the Word of Life."⁷

Holy Cross & Our Mother of Sorrows parishioners rely on the Family Faith Formation (FFF) Model. **FFF puts the family at the center of the catechetical instruction process, increasing parents' competence and confidence in handing-on the Faith to their children.** They meet in-person monthly at Our Mother of Sorrows (OMOS) church to find support and strength from clergy, fellow parishioners, parish staff, and catechists. Parents should strive to make their homes a domestic church by setting aside time for individual and communal prayer, reading scripture prayerfully, *lectio divina*, and through family devotions such as praying the rosary among others. FFF is essentially a Study-at-Home program with an opportunity to gather with fellow parishioners at least monthly. **FFF starts with Mass attendance at OMOS at 11:00 a.m.** Snacks are served downstairs immediately following Mass. Dedicated catechists work alongside parents and offer interactive and age-appropriate catechetical instruction from 12:15 to 1:30 p.m. **IF families cannot make the Sunday monthly FFF sessions, they can attend the Wednesday monthly sessions at Holy Cross Parish Center from 6:30 to 7:45 p.m.** Monthly FFF schedule is available on the next page. Registration Forms can be accessed on the website. For additional information, contact Amanuel Malik, Multi-Parish Catechetical Leader: 585.663.8000 (Press 1) OR via email: amanuel.malik@dor.org. **Live Jesus in our hearts! Forever!**

¹ Catechism of the Catholic Church (CCC), Parag. 4; Matthew 28:19-20.

² *Catechesi Tradendae*, 5.

³ John 17:3.

⁴ John 14:6.

⁵ CCC, 1666, 2221.

⁶ CCC, 1324.

⁷ The Augustine Institute & Ignatius Press.

FAMILY FAITH FORMATION MEETING SCHEDULE
SUNDAY MONTHLY SESSIONS ARE HELD AT OUR MOTHERS OF SORROWS PARISH HALL

- September 22, **Sunday of the 25th Week in OT**, (11:00 a.m. - 1:30 p.m.)
- October 27, **Sunday of the 30th Week in OT**, (11:00 a.m. - 1:30 p.m.)
- November 17, **Sunday of the 33rd Week in OT**, (11:00 a.m. - 1:30 p.m.)
- December 15, **Sunday of the 3rd Week of Advent**, (11:00 a.m. - 1:30 p.m.)
- January 26, **Sunday of the 3rd Week in OT**, (11:00 a.m. - 1:30 p.m.)
- February 23, **Sunday of the 7th Week in OT**, (11:00 a.m. - 1:30 p.m.)
- March 30, **Sunday of the 4th Week of Lent**, (11:00 a.m. - 1:30 p.m.)
- April 27, **Sunday of the 2nd Week of Easter**, (11:00 a.m. - 1:30 p.m.)
- May 18, **Sunday of the 5th Week of Easter**, (11:00 a.m. - 1:30 p.m.)

Note: IF parents cannot make any or all of the Sunday Family Faith sessions for any reason, they can attend the Wednesday evening repeat session at Holy Cross Church Parish Center

WEDNESDAY MONTHLY SESSIONS ARE HELD AT
HOLY CROSS CHURCH PARISH CENTER

- September 25, **Wednesday of the 25th Week in Ordinary Time (OT)**, (6:30 - 7:45 p.m.)
- October 30, **Wednesday of the 30th Week in OT**, (6:30 - 7:45 p.m.)
- November 20, **Wednesday of the 33rd Week in OT**, (6:30 p.m. - 7:45 p.m.)
- December 18, **Wednesday of the 3rd Week of Advent**, (6:30 - 7:45 p.m.)
- January 29, **Wednesday of the 3rd Week in OT**, (6:30 - 7:45 p.m.)
- February 26, **Wednesday of the 7th Week in OT**, (6:30 - 7:45 p.m.)
- April 2, **Wednesday of the 4th Week of Lent**, (6:30 - 7:45 p.m.)
- April 30, **Wednesday of the 2nd Week of Easter**, (6:30 - 7:45 p.m.)
- May 21, **Wednesday of the 5th Week of Easter**, (6:30 - 7:45 p.m.)

For additional information, contact Amanuel Malik or Anna Flaitz, Multi-Parish Catechetical Leader: 585.663.8000 (Press 1 or 2) OR via email: amanuel.malik@dor.org; anna.flaitz@dor.org. **Live Jesus in our hearts! Forever!**